



# THE BIRDS DON'T KNOW IT'S SUNDAY

*Stella von Boch, ffion von W Perigrinor, Monika Kripp*

<b>Fri Nov 1</b> <b>7.30-9.30</b>	<b>The Birds don't know it's Sunday; Memory, Consciousness and the Dementias</b> <b>Stella von Boch and ffiona von W Perigrinor</b>	<b>ONLINE</b>
<b>Sat Nov 2</b> <b>10.30-4</b>	<b>The Birds don't know it's Sunday</b> <b>Stella von Boch and Monika Kripp</b>	<b>VENUE</b>

With increased life expectancy more and more people have to deal with memory problems or cognitive disorders like Alzheimer's disease. The losses and behavioural changes that come with it cause pain for those affected, as well as their carers and relatives. How can we think about what is going on in the mind?



**ON FRIDAY EVENING** ffiona and Stella will discuss this conundrum from a Jungian perspective and start to explore the mystery of memory and consciousness.

**ON SATURDAY** Monika will give participants the opportunity to practice 'Validation' – and its techniques that enables relatives and carers to stay connected with someone with cognitive decline and to validate their feelings in order to diminish the burdens and problems that have remained unresolved. Monika will be teaching the four phases of Resolution and the techniques that convey empathy and comfort.

**Stella von Boch** is a Jungian Analyst and Art Historian

**ffiona von Westhoven Perigrinor** is a Jungian Analyst, Author and Independent Scholar

**Monika Kripp** trained with Naomi Feil in the method of 'Validation' – a creative, related and symbolic way of understanding and communicating with older adults living with Alzheimer's disease and related dementias. She is an accredited teacher of this method, and works in private practice in Austria and South Tyrol. Monika served as Vice president of the NGO Alzheimer Austria and is an active research member of several Austrian Dementia associations.

**Cost: Friday Lecture only:** £25 Club Members £20  
**Saturday:** £50 Club Members £45  
**Friday/Saturday:** £75 Club Members £65

**BOOKING AND PAYMENT ONLINE ONLY**  
[www.jungclub-london.org](http://www.jungclub-london.org)

*CPD Cert available - please request when booking*

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