



Reg Charity No 299736

EXPLORING THE NUMINOUS IN VIRTUAL REALITY: AN IMMERSIVE EXPERIENCE OF WONDER AND AWE

Rupert Tower et al

Friday: **ONLINE**

Saturday: The Essex Church, 112 Palace Gardens Terrace, London W8 4RT

Fri May 9 7.30 - 9.30pm

ONLINE

Sat May 10 10.30 – 4.00 *with break*

AT VENUE **Research Event – Free of Charge***



This multidisciplinary research project looks into the role of Virtual theoretical work that suggests immersive, virtual environments can provide a vehicle for *active imagination* and can act as sources for exposure to archetypal images and experiences.

On Friday we will outline the context for our research project and illustrate how Jung visualised his own virtual environment in the *Red and Black Books* through the technique of active imagination. We will share the results of Phase 1 (a research event held at the Royal Central School of Speech and Drama in January 2025) when participants tested Virtual Reality as a process for exploring Jung's concept of the shadow. Our lecture focuses on the findings which will in turn shape the future direction of our research. One major objective is to explore multiple Jungian concepts via gaming/VR to help introduce Jungian ideas to wider audiences, especially younger people. We will ask: could VR play a role in analytical psychology? Does it have relevance for, and an impact on, both its theory and practice?

The free Workshop on Saturday will offer an opportunity to engage in a guided Virtual Reality immersion, utilizing VR material that enhances a potentially numinous experience of wonder and awe. This will be facilitated by members of the team. Afterwards, participants will discuss their experience in small groups, reflecting on its potential significance from a Jungian perspective. Art materials will be provided for those who may wish to articulate the experience visually. This will be followed by a final plenary group discussion.

Rupert Tower is joined by Prof Kevin Lu, Dr Andrew Howe and Dr Briony Clarke.

Rupert Tower, Jungian Analyst, Member of the Society of Analytical Psychology, BPC and UKCP Registered, Member of IAAP and the UK Umbrella Group

Dr Andrew Howe, Consultant Psychiatrist and Psychodynamic Psychotherapist, Member of the Royal College of Psychiatrists, BPC Registered.

Professor Kevin Lu, Professor of Applied Psychoanalysis and Head of Department (Practice), Royal Central School of Speech and Drama.

Dr Briony Clarke, artist and game designer, founder of studio "Deep Play"

Cost: Friday Evening Lecture £25 Club Members £20
Saturday Workshop free of charge *

* All participants in the workshop will need to sign a consent form agreeing to the terms of participation which include acknowledgement of the risks of using VR. Any part of the discussion and art materials produced may be included anonymously as part of a research publication in a refereed journal.

BOOKING ONLINE ONLY www.jungclub-london.org

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